



# The Glen Rock Light

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## ENDURANCE Hebrews 12:1-29

In Hebrews 12:1-17, the preacher uses the metaphors of a race and parenting to illustrate the difficulty of the Christian life. The race is portrayed as challenging, the discipline of God as unpleasant, and the dangers of both a bitter root and a compromising heart are to be avoided. Following Christ is costly... struggle goes with the call to be Christ's person in this world. Consequently, we face the constant need for ENDURANCE. Hindrances must be put off and discouraged hearts must be strengthened. Our call is to endure hardship following the greatest example, Jesus Christ.

### LOOK TO JESUS – Hebrews 12:1-4

A metaphor for the Christian life is a race. It requires enduring faith, the casting off hindrances and “the sin” (rejecting Jesus), perseverance, and looking to Jesus for inspiration. Why Jesus? First, he suffered along the way. His pain, hurt, and shame were real and tempting. Second, he has become our champion and pioneer. Third, he has accomplished faith fully...everything depends upon Jesus. Fourth, he looked beyond the immediate, painful circumstances to the reward. The scorn of the cross was insignificant compared to the joy set before him – the promise of God's exaltation. The question -- will we run the race like Jesus when we face hostility, death, and weariness of the soul?

### ENDURE HARDSHIP – Hebrews 12:5-17

How do we interpret hardship? Why does God permit persecution? Why did he permit the crucifixion and death of his own Son? What purpose does God see in suffering? The preacher declares that hardship should be interpreted as the discipline of the Lord. It is discipline out of love, not anger or inattention. It is like a father gives as he trains his child for excellent character. Therefore, it is worth the price of pain as it produces a harvest of righteousness and peace. God is at work shaping, refining, and educating through the crucible of suffering.

Therefore...

Put your hope in the coming of God *“Strengthen the feeble hands, steady the knees that give way, say to those with fearful hearts, “Be strong, do not fear; your God will come, he will come with vengeance, with divine retribution he will come to save you.”* Is 35:3-8

Stay on the Lord's path; it's the only way to healing *“Let your eyes look straight ahead, fix your gaze directly before you. Make level paths for your feet and take only the ways that are firm. Do not swerve to the right or the left; keep your foot from evil”* Proverbs 4:25-27

Be faithful to grace and to each other in two ways: (1) See to it that no one misses the grace of God, and (2) See to it that no bitter root grows up *“Make sure there is no man or woman, clan or tribe among you today whose heart turns away from the Lord our God to go and worship the gods of those nations, make sure there is no root among you that produces such bitter poison.”* (Deut. 29:18) Check your bitterness at the door and live in peace with each other.

Avoid trading your future with God for the comfort of the present – like Esau who compromised his birthright for comfort and traded something of value for nothing.

Gareth D. Flanary

Because of God's love, we celebrate and guide  
those inside and outside the church  
to salvation in Christ Jesus through the Bible.

## Prayer Requests - (Please advise us of updates as they become available)

**UPDATE: Ron Shue** is in Hershey Medical Center with a bad head cold and dehydration. Please pray for Linda Detter's brother, **Barry Haynes**, who will undergo surgery on his leg on March 14. Please pray for **Greg Lyttle** (Mike's brother) who suffered a heart attack on February 25. Please pray for **Eddison Fowler**, who has been suffering with a rhinitis/sinusitis problem since December. **Rowdy Carper** fell on ice, breaking 4 ribs and puncturing his lung. Please pray for him during his lengthy healing process. **Evelyn Rosier** fractured her foot in a fall. Pray for a speedy recovery. Please pray for **Jason Weisenborn** (Chip & Sherry's son) in his struggles with depression. Pray for wisdom as he seeks other intensive counseling. Please pray for **Pearl Dyer**, who has not been feeling well. Also pray for her as she will once again need eye surgery. Please pray for **Brenda Jones** (Kelly Hayes' mother) who is serving for two weeks on a medical mission trip to the Philippines and Malaysia. Please pray for **Charlotte Tenne** (friend of Pearl Dyer) who has a brain aneurism. Please pray for **Jim Alban** who is having severe back pain, requiring injections. Please continue to pray for Ken Gleim's sister, **Deb Stine**, who had surgery to remove a growth. Pray there are no complications and that her healing comes quickly. **Robin Hart** is recovering from her accident at her parent's home. Please pray for her healing. **Estle White** is experiencing breathing difficulties and may need additional health care. Also pray for **Deborah Prieto** that she make life changes and obeys the Gospel. Please pray for **Helen Lippiatt** (Tammy Brittell & Scott Lippiatt's grand mother), who broker her hip and is recovering at Manor Care Health South, Room 411, 200 Pauline Drive, York, PA 17402. Please pray for **Jane Moser**, who has a mass on her gall bladder. Pray that no cancer is found (given by Judy Trinks). Please pray for **Angie Coble** (Judy Trinks' daughter-in-law) who has heart-related ailments. **Wyatt Koger** (given by Heinly's) is in Johns Hopkins recovering from emergency surgery. Please pray for him, his parents and grand parents. **Alice Trinks** (George's mother) has pneumonia. **Ruby Shultz** (Gary's mother) is back in the hospital with internal bleeding. **Pat Smithson** continues with health struggles. Please continue to pray for her. **Chelsea Carper** has a severe sinus infection. Pray that treatment will bring her back to full health & energy. Please keep **Jim Alban, Jr.** in your prayers, he has lost his job. Please pray for **Lily Seufert** (Steve & Barb Rosier's grand daughter) who had surgery to help her with a hearing problem. Please pray for the **5 year-old son of Joel Cummings** who has Juvenile Diabetes (given by Heinly). **Bernice Bare** for strength during her cancer treatments, **Brandy Potter** is having seizures and headaches and is undergoing tests (unsigned prayer card).

### Expectant Mothers

Please pray that **Lacey (Dyer) Latterman** and **Leanne (Simmons) Ramos** give birth to healthy babies. Also pray for **Erin Hower** (Earl & Barb's daughter-in-law) who is expecting twin girls.

### In the Military

**Eric Bankert** (Emily Russell's brother) has graduated basic training and is now in AIT in Maryland. **Jamie Lawson, Shane Markle and Seth Robertson.**

### Cancer Patients

**Sandi Ahart**, Lisa Parrott's mother, will undergo 16 weeks of Chemotherapy. Please pray for her during this long treatment period. Please pray for **Cheyne Mann**, a 5-year old friend of Brayden Lewis, who was diagnosed with cancer. Pray for his family, the doctors and the road ahead. **Wanda Yost** has completed radiation treatments and will begin Chemo soon. Please pray that the treatments are effective. **Frank Stong** (Albert's brother) will undergo treatments five days a week for six weeks for throat cancer. **Harvey Blevins** is home recovering from his cancer surgery. Pray for his continued healing. **Shontay Hower's** cancer has returned (lungs) after her Hodgkin's disease had been in remission. She is the 17 year old great niece of Earl and Barb Hower. **Melba Neidens** (Lori Lonard's grandmother) underwent major surgery and will receive several months of chemo treatments. **Ruby Hickman** has been diagnosed with cancer. Please pray for **Warren Yuspa** (given by Crystal Thomas) who has been diagnosed with an aggressive form of cancer. Also **Diane Witt** (given by Koskey's) who has been diagnosed with stage 3 colon cancer. **Richard Adams** (given by Glenda Cummings) has been diagnosed with Leukemia. Please pray for **Barb Tome's** 8 year old niece who has been diagnosed with Leukemia. Please pray for **Melvin Rineholt** (friend of Dennis Cummings), who has stomach cancer. Please pray for **Stephen Royer**, father of one of Caleb Robertson's friends, who has brain cancer. Also **Carl Lawson** (leukemia), **Travis Flynn, Sherry McCracken, Donna Heim, Dave Mitchell, Jean Saez, and Dewey Renfro** have cancer.

### Help Needed - Planning & Setup For March 23 Worship

Please contact one of the elders if you are able to assist with the planning and setup for our worship at Friendship Elementary School.

## Upcoming Events

**March 14** - Craft Night - 6:30 pm - Please sign up in foyer - we will make 4 greeting cards for \$5.

**March 14** - Jr. & Sr. High Hymn Sing in the Teen Room at 7:00 pm

**March 15** - Bible Bowl at Camp Hill

**March 16** - Welcoming Shower for Aubrey Coble after Bible Classes - All Welcome (See Below)

**March 16** - Church Growth Plans - discussion during Bible Class Time. Bring your ideas to discuss our goal of building a new facility in Glen Rock.

**March 23** - "Bring a Friend" Sunday. We will hold services at Friendship Elementary School. Special invitation postcards are in the foyer for mailing to your neighbors and friends.

**March 30** - Recycling Sunday

**April 5** - Women's "ROCK" Bible Study - 8:30 am

### Welcoming Shower - Aubrey Coble Sunday, March 16 - After Bible Classes

Please bring potluck luncheon items to share -- dessert will be provided. To contribute to the money tree, please see **Becky Shearer - EVERYONE IS WELCOME!**

### Mexico Work Team

Our Mexico Mission Team is looking for odd jobs to help them raise funds for this year's trip. If you have a job for the team, contact Adam Markle - [admmrkl@juno.com](mailto:admmrkl@juno.com) who will schedule the time with you. You may also co-sponsor a workday fundraiser for our teens with the York YMCA. Contact Craig Wolf or Ken Coble for additional information.

### Fellowship Room - Reorganization

Magda Koskey is taking over responsibility for the organization of our fellowship room, including inventory of paper goods, coffee & tea supplies, etc. Watch for the improvements and be sure to thank Magda for serving her brothers and sisters.

### SAVE THE DATE!

Please reserve Saturday, May 31 for our second annual family fishing day at Limestone Springs!

### Special Thanks

The Shue family would like to thank everyone that came out for the blood drive on March 8. We appreciate all of your kindness and caring. Your thoughtfulness shows in everything you do.

Magazines needed - please bring your unwanted magazines to the fellowship room.

### Items Needed for Cherokee Babies

Edward & Ruby's next trip to the Cherokee Church of Christ will be on April 2. If you would like to help, please bring baby items (birth to one year old) to the fellowship room. Thanks.